

SMHS Service Descriptions

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Assessment

Assessment is a service activity designed to collect information and evaluate the current status of a beneficiary's mental, emotional, or behavioral health to determine whether services are medically necessary and to recommend or update a course of treatment for that beneficiary. Assessments must be conducted and documented in accordance with applicable regulations and standards.

Procedure Codes	Scope of Practice (not exhaustive)
<ul style="list-style-type: none"> • 90791 Psy. Diag Eval. (w/T2024 Sub-Code) 	<ul style="list-style-type: none"> • LCSWs, LMFTs, LPCCs • Psychologists
<ul style="list-style-type: none"> • 90792 Psy. Diag. Eval. w-medical (w/T2024 Sub-Code) 	<ul style="list-style-type: none"> • Psychiatrists (MDs/DOs) • Nurse Practitioners (NPs) • Physician Assistants (PAs)
<ul style="list-style-type: none"> • 90885 Psych. Eval. of medical records (w/T2024 Sub-Code) 	<ul style="list-style-type: none"> • LCSWs, LMFTs, LPCCs, Psychologists • NPs/PAs • Psychiatrists
<ul style="list-style-type: none"> • H0031 Mental health assessment by a non-physician • H2000 Comp. Multi-disciplinary Eval. • H2000:HK Child Fam Team Facilitator • H2000:HK Child Fam Team Participant 	<ul style="list-style-type: none"> • All staff types except Peers
<ul style="list-style-type: none"> • T1001 Nursing Assessment/Eval. 	<ul style="list-style-type: none"> • NP, CNS, PA
<ul style="list-style-type: none"> • 96105 Assessment of Aphasia 	
<ul style="list-style-type: none"> • 96110 Developmental Screening (w/T2024 Sub-Code) 	

Plan Development

Treatment Planning is a service activity to develop or update a beneficiary’s course of treatment, documentation of the recommended course of treatment, and monitoring of their progress.

Procedure Codes	Scope of Practice (not exhaustive)
<ul style="list-style-type: none"> • H0032 Mental health service plan development (by non-physician) 	<ul style="list-style-type: none"> • Licensed Clinical Social Workers (LCSWs) • Licensed Marriage & Family Therapists (LMFTs) • Nurse Practitioners (NPs) • Other Qualified Provider
<ul style="list-style-type: none"> • 99366 Medical team conference with interdisciplinary team of health care professionals, <u>face-to-face with patient and/or family</u>, participation by nonphysician qualified health care professional • 99368 Medical team conference with interdisciplinary team of health care professionals, <u>patient and/or family not present</u>, participation by nonphysician qualified health care professional 	<ul style="list-style-type: none"> • Licensed Clinical Social Workers (LCSWs) • Licensed Marriage & Family Therapists (LMFTs) • Nurse Practitioners (NPs)
<ul style="list-style-type: none"> • 99484 BehavHlth Care Mgmt. 	<ul style="list-style-type: none"> • LCSWs, LMFTs, LPCCs • Nurses (NP, CNS, LVN, RN) • Pharmacists • Physicians • Psychologists

Referral and Linkages (aka Case Management)

Referral and Linkages are services and supports to connect a beneficiary with primary care, specialty medical care, substance use disorder treatment providers, mental health providers, and community-based services and supports. This includes identifying appropriate resources, making appointments, and assisting a beneficiary with a warm handoff to obtain ongoing support.

Procedure Codes	Scope of Practice (not exhaustive)
<ul style="list-style-type: none">• T1017 Targeted Case Management• T1017 Targeted Case Management – Medical Service• T1017 Intensive Care Coordination (ICC) (Katie A)	<ul style="list-style-type: none">• Other Qualified Provider• Licensed Clinical Social Workers (LCSWs)• Licensed Marriage & Family Therapists (LMFTs)• Licensed Professional Clinical Counselors (LPCCs)• Licensed Psychologists• Medical Doctor (MD)

Psychosocial Rehabilitation

Psychosocial Rehabilitation is a recovery-focused service activity that restores, improves, or preserves a member's functional, social, communication, and daily living skills to enhance self-sufficiency. Delivered individually or in groups, it addresses age-appropriate mental health needs through therapeutic coping strategies, group process, expressive modalities (like art or music), resource linkage, medication education, and psychoeducation. Services may also include contact with significant support persons when focused entirely on the member's treatment needs.

Procedure Codes	Scope of Practice (not exhaustive)
<ul style="list-style-type: none">• H2017 Psychosocial Rehabilitation• H2017 Group Psychosocial Rehabilitation• H2021 Community-based wrap-around services (coordination with other programs)	<ul style="list-style-type: none">• Other/Adjunct• Licensed Clinical Social Workers (LCSWs)• Licensed Marriage & Family Therapists (LMFTs)• Licensed Professional Clinical Counselors (LPCCs)• Licensed Psychologists• Medical Doctor (MD)

Therapy

Therapy is a service activity that is a therapeutic intervention that focuses primarily on symptom reduction and restoration of functioning as a means to improve coping and adaptation and reduce functional impairments. Therapeutic intervention includes the application of cognitive, affective, verbal or nonverbal, strategies based on the principles of development, wellness, adjustment to impairment, recovery and resiliency to assist a beneficiary in acquiring greater personal, interpersonal and community functioning or to modify feelings, thought processes, conditions, attitudes or behaviors which are emotionally, intellectually, or socially ineffective. These interventions and techniques are specifically implemented in the context of a professional clinical relationship. Therapy may be delivered to a beneficiary or group of beneficiaries and may include family therapy directed at improving the beneficiary's functioning and at which the beneficiary is present.

Procedure Code	Scope of Practice (not exhaustive)
<ul style="list-style-type: none"> • 90832,90834,90837 Psychotherapy with patient • 90847 Family psychotherapy [conjoint psychotherapy] (with patient present) • 90853 Group psychotherapy (other than of a multiple-family group) 	<ul style="list-style-type: none"> • Licensed Clinical Social Workers (LCSWs) • Licensed Marriage & Family Therapists (LMFTs) • Licensed Professional Clinical Counselors (LPCCs) • Physicians (MD/DO)
<ul style="list-style-type: none"> • 90833;90836;90838 Psychotherapy w/Patient w/E/M (w/T2021 Sub-Code) 	<ul style="list-style-type: none"> • Physicians/Psychiatrists (MD/DO)

Peer Support Services

Peer Support Services are culturally competent individual and group services that promote recovery, resiliency, engagement, socialization, self-sufficiency, self-advocacy, development of natural supports, and identification of strengths through structured activities such as group and individual coaching to set recovery goals and identify steps to reach the goals. Services aim to prevent relapse, empower beneficiaries through strength-based coaching, support linkages to community resources, and to educate beneficiaries and their families about their conditions and the process of recovery. Peer support services can include contact with family members or other collaterals if the purpose of the collateral’s participation is to focus on the treatment needs of the beneficiary by supporting the achievement of the beneficiary's treatment goals.

Procedure Codes	Scope of Practice (not exhaustive)
<ul style="list-style-type: none"> • H0038 PSS Engagement/Therapeutic Activity • H0038 PSS Family Engagement/Therapeutic Activity 	<ul style="list-style-type: none"> • Certified Medi-Cal Peer Support Specialist (CMPSS) • Certified Medi-Cal Peer Support Specialist Family Specialty (CMPSS-F)
<ul style="list-style-type: none"> • H0025 PSS Educational Skill Building Groups • H0025 PSS Family Educational Skill Building Groups 	<ul style="list-style-type: none"> • Certified Medi-Cal Peer Support Specialist (CMPSS) • Certified Medi-Cal Peer Support Specialist Family Specialty (CMPSS-F)

Crisis Intervention

Crisis Intervention is an unplanned, expedited service, to or on behalf of a beneficiary to address a condition that requires more timely response than a regularly scheduled visit. Crisis intervention is an emergency response service enabling a beneficiary to cope with a crisis, while assisting the beneficiary in regaining their status as a functioning community member. The goal of crisis intervention is to stabilize an immediate crisis within a community or clinical treatment setting. Crisis intervention may include contact with significant support persons or other collaterals if the purpose of their participation is to focus on the treatment of the beneficiary

Procedure Codes	Scope of Practice (not exhaustive)
<ul style="list-style-type: none"> • 90839-90840 Psychotherapy for Crisis 	<ul style="list-style-type: none"> • Licensed Clinical Social Workers (LCSWs) • Licensed Marriage & Family Therapists (LMFTs) • Licensed Professional Clinical Counselors (LPCCs) • Licensed Psychologists • Psychiatrists • Psychiatric Nurse Practitioners (PMHNPs) • Physicians (MD/DO)
<ul style="list-style-type: none"> • H2011 Crisis Intervention 	<ul style="list-style-type: none"> • Other Qualified Provider • SUD Counselors